

ENHANCE YOUR
PENMANSHIP
IN A WEEK
WITH THREE EASY STEPS



BACKSTORY

Is your penmanship... terrible?

If you're reading this, it probably is. There's a good chance it's even the cause of anxiety, stress, and embarrassment in your life.

Not to worry.

You can fix your sloppy handwriting in about a week with just three easy steps. I did, and so can you.

You don't need tutors or expensive calligraphy classes - just the right tips, exercises, and equipment combined with the right attitude and a bit of practice.

Keep on reading to learn exactly what you need to do to enhance your handwriting.

Handwritten signature of Michael Macfadden, consisting of two stylized, cursive initials 'SM' followed by a full name 'Michael Macfadden' written in a similar cursive style.

Michael Macfadden



YOUR LETTERS

abcdefghijklmnopqrstuvwxyz

ABCDEFGHIJKLMNOPQRSTUVWXYZ

0123456789

STEP 1

- Good handwriting has a rhythm and flow. If your letters don't go together, your written word is basically Elaine Benes on the dance floor (Seinfeld reference)
- We're going to use a Google Font called Shadows Into Light 2 to model the shapes of our letters
- Print the practice sheet on the next page and trace each letter with a nice pen. Complete the sheet at least once per day for the next three days

A B C D E F G H I J K L M N O P Q R S T U V W X Y Z

A B C D E F G H I J K L M N O P Q R S T U V W X Y Z

A B C D E F G H I J K L M N O P Q R S T U V W X Y Z

A B C D E F G H I J K L M N O P Q R S T U V W X Y Z

A B C D E F G H I J K L M N O P Q R S T U V W X Y Z

a b c d e f g h i j k l m n o p q r s t u v w x y z

a b c d e f g h i j k l m n o p q r s t u v w x y z

a b c d e f g h i j k l m n o p q r s t u v w x y z

a b c d e f g h i j k l m n o p q r s t u v w x y z

a b c d e f g h i j k l m n o p q r s t u v w x y z

1 2 3 4 5 6 7 8 9 10 () % ? ; . , : ' " " [] { } #

1 2 3 4 5 6 7 8 9 10 () % ? ; . , : ' " " [] { } #

1 2 3 4 5 6 7 8 9 10 () % ? ; . , : ' " " [] { } #

1 2 3 4 5 6 7 8 9 10 () % ? ; . , : ' " " [] { } #

1 2 3 4 5 6 7 8 9 10 () % ? ; . , : ' " " [] { } #

SPACING

" We were born before the wind
Also younger than the sun
Ere the bonnie boat was won as
we sailed into the mystic

STEP 2

- Once you've fixed the shapes of your letters, the next step is to consider the spacing of each letter in each word and the spacing of each word in each sentence
- For this we turn to Van Morrison, or any artist really...
- Print the lyrics of your favorite song in light grey using Shadows Into Light 2 size 14 font. I've provided the Lyrics to *Into the Mystic* for you on the next page
- Trace the words while paying attention to the variable spacing of the different letter combinations. Do this at least once a day for the next two days

INTO THE MYSTIC

We were born before the wind
Also younger than the sun
Ere the bonnie boat was won as we sailed into the mystic

Hark, now hear the sailors cry
Smell the sea and feel the sky
Let your soul and spirit fly into the mystic

And when that fog horn blows I will be coming home
And when the fog horn blows I want to hear it
I don't have to fear it

And I want to rock your gypsy soul
Just like way back in the days of old
And magnificently we will flow into the mystic

When that fog horn blows you know I will be coming home
And when that fog horn whistle blows I got to hear it
I don't have to fear it

And I want to rock your gypsy soul
Just like way back in the days of old
And together we will flow into the mystic
Come on girl...

Too late to stop now...
And I want to rock your gypsy soul
Just like way back in the days of old
And together we will flow into the mystic
Come on girl...

Too late to stop now...

STEP 3

EQUIPMENT

- You won't believe how much of a difference a good pen makes when it comes to your handwriting. I recommend the Zebra G-301 Gel Pen. It's well built, cheap, and glides on the page
- Truly enhancing your handwriting takes practice, so practice on the go with Field Notes and capture inspiration whenever and wherever it strikes
- For longer, more in-depth note taking I recommend Moleskine Notebooks. Take up the practice of daily journaling and your penmanship will get better every day
- Use your new equipment to freehand-write the lyrics from Step 2 for the next 2 days

*If after a week your handwriting isn't significantly improved... use a computer

STEP 3

